

Dear Families and Friends,

After 30 years as a primary care pediatrician at Central Pediatrics, I will be retiring at the end of the year, 2025.

As I watched a young boy skip out of the post office last week, I was reminded of why I went into pediatrics. I adore children. They tend to be full of energy and life; they are spirited, curious and genuine. I love asking them questions and hearing their answers. They make me laugh and they make me cry. Life and health have their ups and downs, which I believe is part of how we all grow. I am so grateful to have had the opportunity to be a part of your journey.

There are no words to express how much I appreciate all the support you have shown me over these 30 years. I still have many of your letters, notes, holiday cards, pacifiers, drawings and graduation cards. I have been touched by stories you have shared with me. You sent flowers when my dad died; you brought me homemade bread and Girl Scout cookies; we have shared hugs, tears and laughter as well. You have shown such patience when I was behind in the clinic or had to cancel my entire clinic day.

One of the greatest compliments and honors I have recently experienced is having previous patients bring their children to me. I truly can not tell you what that means to me.

I have learned so much from you, which has helped me to grow not only as a pediatrician but as a person. I am a better parent thanks to you.

Thank you so much for allowing me to be a part of your lives. You will forever be a part of mine.

With heartfelt gratitude,

Susan Goodale MD