



Recommended Websites for Expectant and New Parents

We want to make sure you have access to accurate and up to date information regarding pediatrics and the health care needs of your children. The following are reputable websites that may be of interest to you. Please remember these sites are intended to provide information and education and should not be considered a substitute for medical treatment and advice. If you have health questions or immediate medical concerns, please call Roseville at 651-645-4693 or Woodbury at 651-738-0470.

www.healthychildren.org

HealthyChildren.org is the parenting website by the AAP (American Academy of Pediatrics). The AAP is comprised of pediatricians committed to the attainment of optimal physical, mental, and social health and well-being for all infants, children, adolescents, and young adults. This site provides general information related to child health topics as well as guidance on parenting issues.

www.childrensmn.org

This is the website of Children's Hospitals and Clinics, our local children's hospitals in St. Paul and Minneapolis. Children's Minnesota's mission is: We champion the health needs of children and families. We are committed to improving children's health by providing the highest-quality, family-centered care, advanced through research and education. You can find information on a variety of health-related topics and disorders.

www.gillettechildrens.org

Gillette Children's Specialty Healthcare is an internationally recognized medical facility specializing in the treatment of children, adolescents, and young adults with disabilities. Gillette is the forefront of medical technology, treatment, education, and research for children with disabilities.

<https://dps.mn.gov/divisions/ots/child-passenger-safety>

The MN Child Passenger Safety Program website is dedicated to child passenger safety. It also shows how to install/secure safety seats, gives helpful guidelines for purchase, posts recall/safety notices, and provides tips for buying car seats for children with special needs.

<https://mnpoison.org>

MN Poison Control System - Minnesota's website dedicated to poison education and prevention.

www.chop.edu/centers-programs/vaccine-education-center

The Vaccine Education Center at Children's Hospital of Philadelphia provides complete, up-to-date and reliable information about vaccines to parents and healthcare professionals. They are a member of the World Health Organization's (WHO) Vaccine Safety Net because their website meets the criteria for credibility and content as defined by the Global Advisory Committee on Vaccine Safety.

Recommended Books for Expectant and New Parents

["Heading Home with Your Newborn: From Birth to Reality"](#)

By Laura A. Jana, MD, FAAP and Jennifer Shu, MD, FAAP

["Caring for Your Baby and Young Child: Birth to Age 5"](#)

American Academy of Pediatrics; Tanya Remer Altmann, MD, FAAP; David L. Hill

["Your Baby's First Year"](#)

American Academy of Pediatrics; Edited by Tanya Altmann, MD, FAAP